
Discussion Questions for *Rachel Getting Married* (2008)

113 minutes (1 hour, 54 minutes), R-rating for language and brief sexuality

Summary: Anne Hathaway plays Kym, a troubled young woman, who returns from rehab to her family home for her sister's wedding. The film portrays how Kym's addiction has placed strain on the family.

1. Kym attends a 12-step meeting where a man says, "You know, you relapse, you got to start all over again." Do you agree with this? Why or why not?
2. At the same meeting, a woman talks about how it took her years to accept her addiction. Can you relate? Why or why not?
3. Rachel told Kym she wasn't even sure if she'd show up to the wedding. What are some major celebrations or occasions you've missed out on due to your addiction?

4. During her toast, Kym talks about making amends. What is one amend you plan on making?

5. In a meeting, Kym shares about her struggle with self-forgiveness and her higher power. What advice would you give her?

6. Do any of the characters in the movie make you angry? Discuss why.

7. What are some ways your addiction has negatively impacted your loved ones?