



*I have everything  
it takes to succeed.*

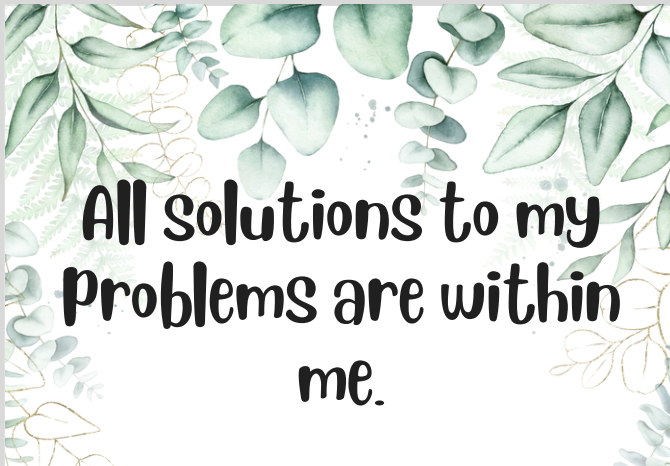
**I WILL NEVER GIVE UP  
BECAUSE GREAT  
THINGS TAKE TIME.**



**I am the keeper and  
the doer of my  
dreams.**



**I AM EVOLVING  
ETERNALLY.**



**All solutions to my  
problems are within  
me.**



*I am at peace  
with myself.*



**I deserve the good  
that comes my way.**



*I radiate confidence and  
optimism.*



**I AM IN CHARGE OF MY  
LIFE.**



I AM **STRONG** AND  
**CAPABLE.**



I am in control of my  
reactions and  
responses.

I forgive my mistakes  
and learn from the past.

I have done difficult  
things in the Past  
and I will do them  
again.

I am allowed to feel  
good and enjoy my life.

I **KNOW** MY **WORTH.**

Healing is always  
within reach.

TODAY I WILL DO MY  
BEST.

I accept myself and  
will treat myself  
with kindness.





Negative thoughts  
do not live here.



I am grateful for my  
life.



I MAKE A **DIFFERENCE** IN  
**THE** WORLD.



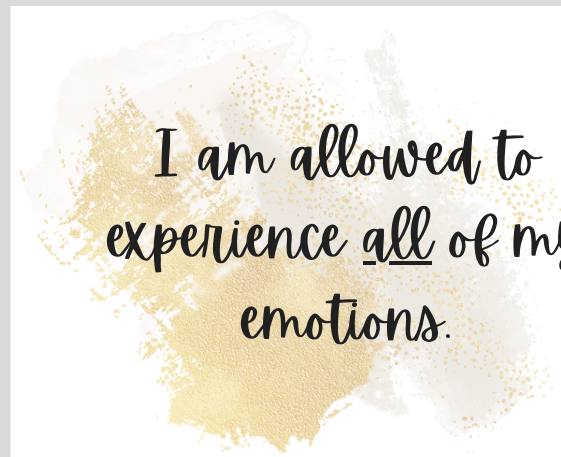
NO ONE **CAN** MAKE ME  
**FEEL LESS THAN.**



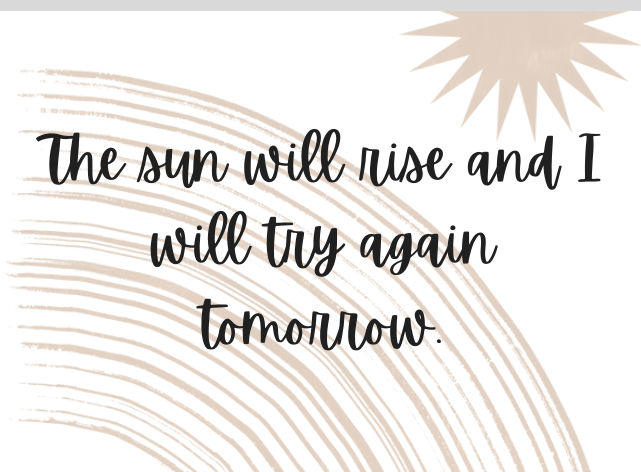
I am capable of  
making healthy  
decisions for my life.



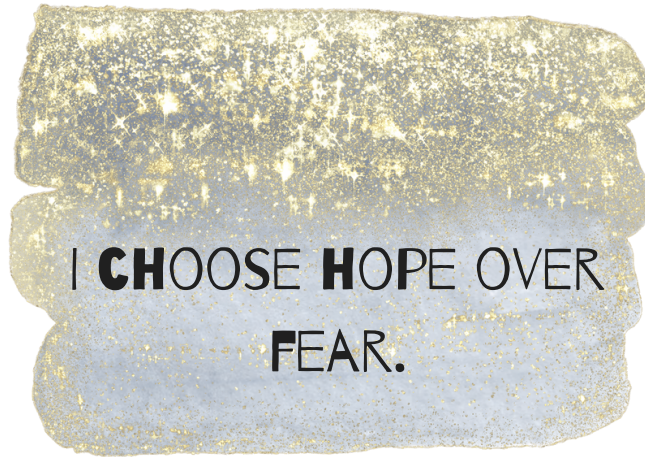
I am allowed to  
experience all of my  
emotions.



The sun will rise and I  
will try again  
tomorrow.



I **CHOOSE HOPE** OVER  
**FEAR.**



I am  
writing  
my own  
story.

